



Center for Native Child and Family Resilience

Comparing Trauma- and Resilience-Informed Care

Sample prompts to engage in comparing trauma-informed care and resilience-informed care:

- How does the current screening and assessment process evaluate for strengths in the individual, the family, and the larger community when making decisions about child safety?
- Are the services available grounded in traditional Tribal teachings that support healing and wellness? Do services sufficiently integrate Tribal teachings?
- What outcomes do the community want to see that they do not? How might shifts towards centering resilience support achieving what is desired?

The reflective process described here does not just note differences between the models—it encourages thinking constructively about how to bring resilience into focus. That is, the goal is not to merely identify misalignment between trauma-informed care and the resilience narrative; it is to identify productive solutions that will support healing and wellness throughout the community.